

## SRJC EMT PROGRAM

### UNIFORM DRESS CODE and GROOMING/HYGIENE STANDARD

#### A. PURPOSE

Public Safety Training Center (PSTC) policy requires that EMC students wear the specified uniform(s), and be clearly identified during all phases of training any time they are participating in an EMC department related function or while on the grounds of the PSTC.

Uniforms are designed to provide safety and easy identification of PSTC students while attending class and performing in clinical settings. No student will be allowed to add, delete or wear any other style of uniform or emblem in lieu of this uniform policy.

#### B. POLICY

Students will be responsible to maintain uniforms in a clean, pressed, and orderly fashion, in accordance with this policy.

Student uniforms are not considered "personal protective equipment." Students are required to utilize the appropriate safety equipment provided in every classroom and clinical setting.

The following chart summarizes the uniform and accessory requirements of the department.

ITEM	COLOR	STYLE/BRAND	REQUIRED	RECOMMENDED
Shirts	Navy	Elbeco. Either short or long sleeve are appropriate. Patches to be affixed as described below	1	2
T-Shirt	Navy Navy	Crew neck, short sleeve, Hanes, Beefy-T, etc. Turtleneck, Long sleeve. (long sleeve uniform shirt required).	1	2
Pants	Navy	Elbeco	1	2
Belt	Black	Leather, basketweave, silver buckle	1	1
Jacket	Navy	Lyon Station Jacket or equivalent	optional	1
Boots	Black	Cal/OSHA-ANSI-Z 461-1967 Approved	1 pair	1
Raingear	Yellow	Hip length, with or without hood	optional	1
Hat	Navy	Baseball standard, nylon or cotton	optional	1

**Any divergence from these specified uniform requirements without specific**

**allowance from the Director of EMC programs may result in dismissal from class or other training experience and may result in failing the course.**

1. **Shirts** - Shirts are to be the above brand, long or short sleeve, military creases sewn in, scallop flap pockets on the right and left chest. Blue epaulets are optional. Shirts are to be clean, pressed, and worn tucked in at all times.

Navy blue T-shirts with crew neck collars will be worn under the uniform shirt at all times. No frayed, discolored, torn or damaged shirts are allowed. T-shirts are to be solid navy blue with no logos or other design.

Long-sleeved navy blue turtleneck shirts may be worn under the long sleeve uniform shirt. This shirt is optional, but recommended for cold weather.

2. **Pants** - Pants are to be of the identified brand, solid navy blue in color. Pants are to be clean and pressed at all times. No frayed, discolored, torn or damaged pants are allowed. Pants shall be worn at the waist, and shall not extend past the heel of the boot.
3. **Belt** - Belt is to be leather, black in color, basket weave finish, 1.50-2" in width, with plain silver uniform buckle. Belts are to be worn within belt loops.
4. **Nametag** - PSTC will issue a photo identification tag to be worn during ALL phases of training and anytime an enrolled student is on PSTC grounds. Identification tags shall not be altered in any way. Altered identification tags shall be immediately replaced at the student's expense. PSTC ID tags shall be clipped to the bottom center of the right pocket flap. Provider agencies may require other forms of identification. Replacements tags will cost \$5 each.
5. **Hat** (Optional) - Hats are to be standard baseball style, solid navy in color, solid cotton or with nylon mesh back. No logos permitted other than the PSTC logo. Hats may not be worn indoors. No other style headwear shall be worn.
6. **Outerwear** - Jackets are to be of the above brands and styles, navy in color with silver buttons or may be zippered. Alternatively, students may wear either a navy uniform/work style jacket, or a navy collared pullover. Outerwear may not have any logos or printing other than PSTC approved logos.
7. **Boots** - Boots are to be black in color, made of polishable material or a boot sold as a firefighting boot that can be oiled. Boots that are polishable are to be polished at all times. A firefighting style boot must be kept black and oiled at all times. They are to be heavy-duty lace or zip type work or public safety boot with non-slip and non-marking soles and heels. They shall provide firm ankle support and shall measure not less than six inches in height when measured from the bottom of the heel. Boots shall meet the requirements and specifications in the American National Standard for Men's Safety-Toe Footwear (Z41.1-1967, or

current recommendation) and meet or exceed ANSI/Standards (Z41 PT 83MI/75C/75 or current recommendation).

8. **Patches** - PSTC patches required on uniform shirt/s, and jacket. Patches shall be worn on both sleeves and centered 1" below the seam of the shoulder. Thread used to sew on the patch shall blend with the color of the patch. Contact a staff member for vendor information.
9. **Equipment** – Wristwatch capable of tracking seconds (digital or sweep hand), Ball-point pen capable of being contained and concealed within the uniform front shirt pocket in such a way as to not detract from the pressed and orderly appearance of the uniform shirt. The pen is to produce black ink in a fine continuous line. Note pad capable of being contained and concealed within the uniform front shirt pocket in such a way as to not detract from the pressed and orderly appearance of the uniform shirt.

THIS UNIFORM DRESS CODE IS TO BE STRICTLY ADHERED TO. NOTHING MORE, NOTHING LESS (i.e. NO KNIVES, NO LAPEL PINS, etc.).

### **PERSONAL GROOMING STANDARDS**

Students, both male and female, shall conform to the following grooming standards as established by the EMC Department. These standards reflect those of the industry and the public we serve.

#### **A. All Students –**

1. **Hair** – Hair shall not extend below nor shall it touch the uniform collar. Hair shall be cut short enough to comply with this standard or must be kept up to conform with this standard. Barrettes, bands and combs used in the hair must blend with the hair color. No decorative patterns (insignias, slogans, “mohawk”, etc.) shall be cut into the hair. Hair color shall be a single naturally occurring shade. Any acceptable hair style, color, length, etc. must be established by the beginning of the course and must be maintained for the duration of the course.
2. **Sideburns** – Sideburns shall be neat and not excessively thick. Sideburns shall not extend below the middle of each ear and shall be a maximum of ½” in width.
3. **Facial Hair** – Facial hair may be worn, but not started while in the program. Moustaches shall not extend beyond the lowest part of the top lip and shall not exceed a width of three-fourths inch to the side of the corner of the mouth. The moustache may cover the vermillion on the top of the lip, but cannot extend beyond it. Beards, goatees or other facial hair must be kept neatly trimmed and clean at all times. Any acceptable facial hair pattern (beard, goatee) must be established by the beginning of the course and be maintained for the duration of the course. Notwithstanding an existing facial hair pattern, students shall be clean shaven at all times

while in attendance of any training program activity (class sessions, clinical experience, mentoring experience, etc.)

4. **Make-up** – The wearing of facial make-up shall be kept subdued and at a minimum. Highly contrasting make-up is not permitted. No false eyelashes shall be worn.
  5. **Jewelry** - No jewelry of any kind, except wedding rings is permitted. No earrings or other visible body jewelry are to be worn (this restriction includes tongue rings, posts, “industrials”, lip, nose or eyebrow studs or rings and any other jewelry not specifically exempted by this policy) at any time during training, clinical experience or while on PSTC grounds. Provider agency policy may dictate more stringent requirements, and shall become the rule while with that provider.
  6. **Fingernails** - Fingernails should be kept short in order to avoid injury during manual skills & activities.
  7. **Tattoos, Body Art, Piercings, etc.** – No tattoos or body art should be visible at any time. Students are permitted to wear flesh colored “sleeves” to cover body art which is on the arms, or opt for long sleeve uniform shirt. Alternatively, students are permitted to wear a long sleeve navy blue T shirt (no logos, etc.) under their short sleeve uniform shirt. No body jewelry is permitted. Students may utilize clear “spacers” to prevent piercings from closing.
- C. **General** - All students are required to maintain proper personal hygiene. Dirty fingernails, bad breath, body odor, dirty or unkempt hair, unshaven or poorly shaven faces or facial hair that does not comply with the standards of this policy are all conditions that do not meet PSTC standards. SRJC PSTC uniforms are to be worn at ALL times when present at the Public Safety Training Center. Uniforms are NOT to be worn when off-site unless it is during official EMC program activities (e.g. field ride-along time, MCI/HAZMAT, Patient Packaging, class time, special practice time at PSTC, Mentoring, etc.). **At no time will the uniform shirt or PSTC T-shirt be worn outside of EMC program activities as specified above. Reports of students wearing uniforms outside of those conditions specified above is grounds for investigation and may lead to failure from the course.**

**Suggested Uniform and Boot Vendors:**

- Santa Rosa Uniform, Santa Rosa
- Red Wing Shoe Store, Santa Rosa
- Good to Go Military Surplus, Cotati
- Emergency Equipment and Management, Petaluma