## Inspired To Serve

## ARREST AND CONTROL, INSTRUCTOR

Dates and Times:	• December 15 <sup>th</sup> -18 <sup>th</sup> (7 AM – 6 PM)
Location:	Public Safety Training Center (PSTC), 5743 Skylane Blvd., Windsor, CA 95492
Cost:	\$ 80
	*Cost for CA residents only
	*Fees are subject to change
Certifications:	POST Plan II
	Course Control # 2980-20795
	Not STC Certified
Hotel	Safety Training - Hampton Inn & Suites Windsor - Sonoma Wine Country (hilton.com)
Information:	Or
	Call the hotel directly at 707-837-9355 and ask for the Safety Training rate, Corporate ID:
	2773358
	http://www.windsorcasuites.hamptoninn.com/
	Hotel Trio, 110 Dry Creek Rd, Healdsburg 95448. Follow the link to book your stay with Hotel Trio:
	Book your group rate for SRJC PUBLIC SAFETY CENTER
	Or by calling 707-395-2703
Enroll at SRJC:	Apply for admissions
Reservations:	Email Peggy Ruge at <a href="mailto:pruge@santarosa.edu">pruge@santarosa.edu</a> Or call (707) 836-2906
Payment:	Santa Rosa Junior College will invoice for payment <u>after</u> the course.
Requirement:	Participants must provide a medical clearance

## **Course Description:**

This course is designed to train officers in how to teach arrest control and weaponless defense techniques and tactics. It includes instruction on adult learning theory, use of instructional aids, development of course materials, demonstration and evaluation of arrest and control techniques, and teaching practice.

## **Topics Include:**

- Use of Force Policy and Liability
- Body Physics and Dynamics
- Movement and Stance
- Verbalization Techniques
- Takedowns
- Control Holds

- Handcuffing and Searching
- Weapon Retention and Takeaways
- Personal Body Weapons
- Recovery and First Aid
- Scenario-Based Training to Include Sustained Resistance

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