



## Arrest and Control Instructor

### **DATES:**

Fall 2022: TBA

### **DAY & TIME:**

TBA

**\*Full attendance and participation is required in order to receive POST/STC certificate of completion.**

### **COST:**

**\$51 Agency Sponsored, \$74 Non-Agency Sponsored**

Fees are subject to change. Cost for California residents only; non-residents pay an additional \$265 per unit

### **CERTIFICATIONS:**

POST Plan II Course Control # 2980-20795 STC #07314705

### **LOCATION:**

Public Safety Training Center, 5743 Skylane Blvd., Windsor, CA. Directions and map with nearby lodging:

[PSTC Google Map](#)

### **PARKING:**

Due to campus closures, Santa Rosa Junior College is not currently selling parking passes, so they will not be required. Please park in the student lot and **DO NOT** purchase a parking pass from the vending machine.

### **COURSE DESCRIPTION AND ATTENDANCE REQUIREMENT:**

This course is designed to train officers how to teach arrest control and weaponless defense techniques and tactics. It includes instruction on adult learning theory, use of instructional aids, development of course materials, demonstration and evaluation of arrest and control techniques, and teaching practice. Topics include, but are not limited to: Use of Force Policy and Liability, Body Physics and Dynamics, Movement and Stance, Verbalization Techniques, Takedowns, Control Holds, Handcuffing and Searching, Weapon Retention and Takeaways, Personal Body Weapons, Recovery and First Aid, and Scenario-Based Training to include Sustained Resistance. Upon successful completion of this course, students will be qualified to instruct POST-certified defensive tactics and arrest and control techniques and curriculum. Students must attend all 40-hours to be eligible to receive the POST certification.

### **REQUIRED MEDICAL CLEARANCE**

Student(s) **must** provide a medical clearance on day one of class in order to participate in all 40-hours of the arrest and control course curriculum. Without a medical clearance, student(s) will not be allowed to participate. Please request our form letter to take to your physician for signature and full clearance. You may email Chris Lorange at [clorange@santarosa.edu](mailto:clorange@santarosa.edu) for this form and additional information.

### **Non-Discrimination Statement:**

The Sonoma County Junior College District does not discriminate on the basis of race, religious creed, color, national origin, ancestry, ethnic group identification, physical disability, mental disability, medical condition, genetic condition, marital status, sex, gender identity, gender expression, genetic information or sexual orientation in any of its policies, procedures or practices; nor does the District discriminate against any employees or applicants for employment on the basis of their age. This non-discrimination policy covers admission, access and treatment in District programs and activities – including but not limited to academic admissions, financial aid, education services and athletics – and application for District employment.



Santa Rosa Junior College  
Public Safety Training Center  
5743 Skylane Boulevard, Windsor, CA 95492  
Phone 707.836.2906 Fax 707.836.2948  
Website: PSTC.Santarosa.edu

### **RESERVATIONS:**

Email your request to Nikki Soto at [nsoto@santarosa.edu](mailto:nsoto@santarosa.edu) or call 707.836.2907

### **HOTEL INFORMATION**

Hotel Trio, 110 Dry Creek Rd, Healdsburg 95448. Follow the link to book your stay with Hotel Trio:

**[Book your group rate for SRJC PUBLIC SAFETY CENTER](#)**

Or by calling 707-395-2703

### **COLLEGE APPLICATION:**

Please go to [Santa Rosa Junior College's website](#). Click **Apply Now**. Next, click on **New or Returning Students Information** option. Scroll down and click on the **CCCApply/Begin Application for Admission!** If you have not created an account in the last year, you will need to click **Create a New Account** otherwise, enter your Username and Password to **Sign In**. Once your account has been created, return to the log in page and enter your Username and Password to log in. Then, click **Start a New Application**. Then, **Start Application**. Choose the appropriate **Term Applying For**. For **Educational Goal** select **Maintain Certificate or License**. For **Major Category** select **Public Safety**. For **Intended Major/Program of Study**, select **Advanced Officer Training (CERT)**. Please be sure to click **Submit Application** before logging out of your CCC Apply account.

### **PAYMENT:**

**\*Santa Rosa Junior College NO LONGER ACCEPTS CASH PAYMENTS so please plan accordingly\***

You can make payment on day one by **DEBIT OR CREDIT CARD (Visa, MC or Discover ONLY/American Express NOT accepted)**. For all agency personnel, Santa Rosa Junior College will invoice for payment **after course**.

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