Santa Rosa Junior College
Public Safety Training Center
5743 Skylane Boulevard, Windsor, CA 95492
Phone 707.836.2906 Fax 707.836.2948
Website: PSTC.Santarosa.edu

Arrest and Control Instructor

DATES:
Fall 2025: December 13 – 16, 2027

DAY & TIME:
Monday – Thursday ; 7 am – 6 pm (4-10 hour days)
***Full attendance and participation is required in order to receive POST**

COST:
$ TBD
Fees are subject to change. Cost for California residents only; non-residents pay an additional $265 per unit

CERTIFICATIONS:
POST Plan II Course Control # 2980-20795 ****Not STC certified****
For those wishing to receive STC credit, your training manager must apply for a Special Certification through STC/your Field Representative

LOCATION:
Public Safety Training Center, 5743 Skylane Blvd., Windsor, CA. Directions and map with nearby lodging:
PSTC Google Map

PARKING:

COURSE DESCRIPTION AND ATTENDANCE REQUIRMENT:
This course is designed to train officers how to teach arrest control and weaponless defense techniques and tactics. It includes instruction on adult learning theory, use of instructional aids, development of course materials, demonstration and evaluation of arrest and control techniques, and teaching practice. Topics include, but are not limited to: Use of Force Policy and Liability, Body Physics and Dynamics, Movement and Stance, Verbalization Techniques, Takedowns, Control Holds, Handcuffing and Searching, Weapon Retention and Takeaways, Personal Body Weapons, Recovery and First Aid, and Scenario-Based Training to include Sustained Resistance. Upon successful completion of this course, students will be qualified to instruct POST-certified defensive tactics and arrest and control techniques and curriculum. Students must attend all 40-hours to be eligible to receive the POST certification.

REQUIRED MEDICAL CLEARANCE
Student(s) **must** provide a medical clearance, or signed medical clearance letter from your agency, on day one of class in order to participate in all 40-hours of the arrest and control course curriculum. Without a medical clearance, student(s) will not be allowed to participate. Please request our form letter to take to your physician for signature and full clearance. You may email Peggy Ruge at pruge@santarosa.edu for this form and additional information.

Non-Discrimination Statement:
The Sonoma County Junior College District does not discriminate on the basis of race, religious creed, color, national origin, ancestry, ethnic group identification, physical disability, mental disability, medical condition, genetic condition, marital status, sex, gender identity, gender expression, genetic information or sexual orientation in any of its policies, procedures or practices; nor does the District discriminate against any employees or applicants for employment on the basis of their age. This non-discrimination policy covers admission, access and treatment in District programs and activities – including but not limited to academic admissions, financial aid, education services and athletics – and application for District employment.

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RESERVATIONS:
Email InServicetrainingrequest@santarosa.edu Or call (707) 836-2906

HOTEL INFORMATION
Hampton Inn & Suites, 8937 Brooks Rd South, Windsor, CA 95492
Safety Training Reservations can be made online by clicking the link below:
Available Rooms - Hampton Inn & Suites Windsor - Sonoma Wine Country
Or Enter Code 2773358 under Special Rates on our Website at
http://www.windsorcasuites.hamptoninn.com/
Or call the hotel directly at 707-837-9355 and ask for the Safety Training rate, Corporate ID: 2773358

COLLEGE APPLICATION:
Please go to Santa Rosa Junior College's website. Click **Apply Now**. Next, click on **New or Returning Students Information** option. Scroll down and click on the **CCCApply/Begin Application for Admission**! If you have not created an account in the last year, you will need to click **Create a New Account** otherwise, enter your Username and Password to **Sign In.** Once your account has been created, return to the log in page and enter your Username and Password to log in. Then, click **Start a New Application.** Then, **Start Application**. Choose the appropriate **Term Applying For**. For **Educational Goal** select **Maintain Certificate or License**. For **Major Category** select **Public Safety**. For **Intended Major/Program of Study**, select **Advanced Officer Training (CERT)**. Please be sure to click **Submit Application** before logging out of your CCC Apply account.

PAYMENT:
Santa Rosa Junior College NO LONGER ACCEPTS CASH PAYMENTS so please plan accordingly
You can make payment on day one by **DEBIT OR CREDIT CARD (Visa, MC or Discover ONLY/American Express NOT accepted). For all agency personnel, Santa Rosa Junior College will invoice for payment after course.**

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