



Santa Rosa Junior College
Public Safety Training Center
5743 Skylane Boulevard, Windsor, CA 95492
Phone 707.836.2906 Fax 707.836.2948
Website: PSTC.Santarosa.edu

Arrest and Control Instructor Update

DATES

Fall 2023: December 9th – 10th

DAY & TIME

Saturday - Sunday 8am-5pm

***Full attendance and participation is required in order to receive POST/STC certificate of completion.**

COST

Fall \$49.50 Cost for California residents only;

Fees are subject to change.

CERTIFICATIONS

POST Plan IV Course Control #2980-20895 STC#02059643

LOCATION

Public Safety Training Center, 5743 Skylane Blvd., Windsor, CA.

HOTEL INFORMATION

Hotel Trio, 110 Dry Creek Rd, Healdsburg 95448. Follow the link to book your stay with Hotel Trio:

[Book your corporate rate for Public Safety Training Center](#)

Or by calling 707-395-2703

PARKING

Please park in the student lot and purchase a parking pass from the vending machine. Pay by credit/debit card only, \$4.00 a day.

COURSE DESCRIPTION

This class is designed to update defensive tactics instructors with instruction in weaponless defense techniques, case law, and instructional methods. Topics include, but are not limited to: Use of Force Policy and Liability, Body Physics and Dynamics, Movement and Stance, Verbalization Techniques, Takedowns, Control Holds, Handcuffing and Searching, Weapon Retention and Takeaways, Personal Body Weapons, Recovery and First Aid, and Scenario-Based Training to include Sustained Resistance. Upon successful completion of this course, students will be qualified to instruct POST-certified defensive tactics and arrest and control techniques and curriculum. Students must attend all 16-hours to be eligible to receive the POST certification.

REQUIRED MEDICAL CLEARANCE

Student(s) **must** provide a medical clearance on day one of class in order to participate in all 16 hours of the arrest and control course curriculum. Without a medical clearance, student(s) will not be allowed to participate. Please request our form letter to take to your physician for signature and full clearance. You may email Peggy Ruge at pruge@santarosa.edu for this form and additional information.

RESERVATIONS

Email your request to Peggy Ruge at pruge@santarosa.edu or call 707.836.2906.

Non-Discrimination Statement: The Sonoma County Junior College District does not discriminate on the basis of race, religious creed, color, national origin, ancestry, ethnic group identification, physical disability, mental disability, medical condition, genetic condition, marital status, sex, gender identity, gender expression, genetic information or sexual orientation in any of its policies, procedures or practices; nor does the District discriminate against any employees or applicants for employment on the basis of their age. This non-discrimination policy covers admission, access and treatment in District programs and activities – including but not limited to academic admissions, financial aid, education services and athletics – and application for District employment



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PAYMENT

Santa Rosa Junior College NO LONGER ACCEPTS CASH PAYMENTS so please plan accordingly

You can make payment on day one by **DEBIT OR CREDIT CARD (Visa, MC or Discover ONLY/American Express NOT accepted)**. For all agency personnel, Santa Rosa Junior College will invoice for payment **after** course.

COLLEGE APPLICATION

Please go to [Santa Rosa Junior College's homepage](#). Click **Apply Now**. Next, click on **New or Returning Students Information** option. Scroll down and click on the **CCCApply/Begin Application for Admission!** If you have not created an account in the last year, you will need to click **Create a New Account** otherwise, enter your Username and Password to **Sign In**. Once your account has been created, return to the log in page and enter your Username and Password to log in. Then, click **Start a New Application**. Then, **Start Application**. Choose the appropriate **Term Applying For**. For **Educational Goal** select **Maintain Certificate or License**. For **Major Category** select **Public Safety**. For **Intended Major/Program of Study**, select **Advanced Officer Training (CERT)**. Please be sure to click **Submit Application** before logging out of your CCC Apply account.

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