

Firefighter 208 & 290 Recruit Code of Conduct

As Firefighters, it is important that you conduct yourself in a professional manner at all times. Misconduct indicates immaturity and a lack of respect for the fire service for which there is little tolerance in this field. To prepare you for the Fire Academy and a career in this profession, the following standards will be enforced in this class.

- Recruits will address all instructors by their rank: Firefighter, Captain, Chief, Sir or Ma'am, etc. Recruits will, at all times, show respect for instructors by not becoming argumentative or talking to other recruits while instruction is being conducted.
- Recruits shall not show willful disobedience of a lawful order, direction, or regulation given by Staff.
- Recruits shall not cheat in any written examination, manipulative or physical training test session.
- Recruits shall not practice or encourage discrimination regarding disability, race, religion, national origin, ancestry, sex or sexual orientation including sexual harassment as found in the SRJC *Sexual Harassment Policy*.
- Recruits shall not display discourteous treatment of others, including the use of insulting, abrasive, or profane language.
- Recruits shall not willfully or carelessly destroy, or damage, Academy or District property.
- Students shall not chew gum, or use any tobacco products.
- This is a physically demanding course and recruits are encouraged to bring a water bottle to maintain proper hydration. *Glass bottles of any kind are not permitted on training grounds.*
- Students shall not wear any headwear, and long hair must be pulled back and above collar.
- Students will maintain good hygiene and professional appearance, clean shaven, and makeup kept to a minimum
- Attire: Plain navy blue or black t-shirt & work pants. Navy blue or black workout pants or shorts of appropriate length & closed-toe work boots and/or tennis shoes. Tank tops or any revealing clothing is not permitted.
- Students shall not wear any jewelry with the exception of wedding rings, medical jewelry and watches. Any tattoos or body piercings must be covered.
- Recruits shall not have any electronic devices (cell phones, ipads, tablets, etc.) in the classroom or on the training grounds unless special circumstances exist and permission has been granted by the coordinator &/or course instructor.

Each student is subject to disciplinary action up to and including termination from the class for an infraction of any of the aforementioned standards listed above. Discipline is at the discretion of staff and can range from push-ups to removal from the class after 3 violations or less, depending on the violation and a Grade of "NP".

I have read the above information and understand the content:

Print Name

Signature

Date